



## **Atrial Fibrillation Ablation: Discharge Instructions**

1. Take it easy with your legs for three days
2. You will need to be on blood thinners (Pradaxa, Xarelto, Eliquis or Warfarin) for at least two months
3. You will need to be on antiarrhythmic for at least two months.
4. If your leg experiences pain or swelling, contact the office.
5. Your other medications will remain the same
6. Call the office for your first follow up in 2-3 weeks.
7. At 3-4 months time, we will check a 30 day monitor for atrial fibrillation