

Tilt Table Test

Risks

The risks of tilt table testing include episodes of syncope (fainting), dizziness, headache or hypotension (low blood pressure) or hypertension (high blood pressure) nausea, palpitations or changes in heart rate can take place.

Before the Procedure

You will be asked to sign a consent for before the test Read the form carefully and ask questions if something is unclear.

You are required to fast before the procedure. If you are pregnant or suspect that you are pregnant, you should notify your physician.

During the procedure

1. You will be asked to remove any jewelry or other objects that may interfere with the procedure.
2. You will be asked to remove clothing from the waist up and will be given a disposable gown.
3. You will be asked to empty your bladder before the procedure .
4. You will lie down on a special table.
5. An intravenous line will be started in your hand or arm prior to the procedure for injection of medication and administer IV fluids , if needed.
6. Electrodes for electrocardiogram will be placed on your chest and attached to a machine with electric wire. You will be connected to a machine to monitor your blood pressure during the procedure.
7. A bed or a special table will be used for the procedure. Initially you will be lying flat on the bed will then be risen to be almost standing straight .

The straps will be placed across your chest and legs to prevent you from falling if you faint during the procedure.

8. Continue test to determine if symptoms such as dizziness , fainting, slow heart rate and low blood pressure occurs .

9. If no symptoms occur , you may be given a medication in your IV to speed up your heart rate.

10. You will come down to a flat position and allowed to rest for some time. Your heart rate and blood pressure will be monitored

11. Will allow you to get dressed and go home.

After the procedure

You should be able to resume your usual diet and activities , unless Dr. Florin has told you to otherwise. Generally, there is no special care after tilt table test. Your medications may be changed.